

CATHERINE AKYAMAAH KORANKYE EASTWOOD

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SKILLS AND ABILITIES

A good team player, excellent written and oral communication, problem solving, leadership, critical thinking and analytical skills, basic computer knowledge.

EXPERIENCE

PRINCIPAL NURSING OFFICER

Ward Manager of Family Medicine Directorate, Komfo Anokye Teaching Hospital (KATH), Kumasi Ghana, July 2024 to date. Responsibilities are;

- Taking lead roles in assessment, planning, implementation and evaluation of nursing care in the ward in accordance with required standards and for best patients' outcome.
- Providing leadership for the nursing team and ensuring availability of the right skill mix for delivery of nursing care at every shift

SENIOR NURSING OFFICER

Ward Manager for Family Medicine Directorate, Komfo Anokye Teaching Hospital (KATH), Kumasi Ghana, December 2022 to July 2024. Responsibilities are;

- Teaching students and younger colleagues by organizing and facilitating workshops, training and research.
- Achievements have included building a team of competent professionals able to address patients' needs as well undertake impactful voluntary activities beyond the hospital walls.

Also, collaborating with the nurse manager to organize training sessions touching on a wide range of relevant topics to improve patients' care, for nurses in the directorate every two weeks.

SENIOR NURSING OFFICER

Deputy Head of Triage/OPD Unit, Family Medicine Directorate, KATH, Kumasi, Ghana,
December 2021- November 2022. Responsibilities included the following;

- Prioritizing patients' care through effective triaging of patients
 - Administering resuscitation and other nursing interventions safely. Examples include but not limited to basic life support, phlebotomy, catheterization, suctioning, nebulization,
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- vital signs monitoring, correction of adverse drug reactions/anaphylaxis/opioid overdose, shock and poisoning, naso gastric tube passage, tube feeding, to mention but a few.
 - Managing the OPD to ensure timely provision of care
 - Ensuring proper documentation of patients' histories using the electronic medical records system and protecting all confidential information concerning patients.
 - Achievements were training younger colleagues in emergency management of some medical emergencies such as hypertensive urgency, hyperglycaemia, acute exacerbation of asthma, etc. in real time. Also, developing the capacity of nurses in the area of health promotion and education exercises at the Out Patient Department.

SENIOR NURSING OFFICER

Head of Wound Dressing Unit, Family Medicine Directorate, KATH, Kumasi, Ghana, Jan 2020-
Nov 2021.

- Responsibilities included wound dressing/application of pop/suturing, obtaining laboratory specimens and ensuring availability of logistics for work.
- The most recognized achievement was the collaboration with the palliative unit to develop pain control measures for patients undergoing wound dressing especially of cancer origin which was never the case as patients endured severe pain during the procedure because no provision had been made in that regard. Subsequently, they received some analgesic prior to wound dressing. An initiative was undertaken to engage patients by educating them every morning on their responsibility towards ensuring proper and timely wound healing which was not the practice.

NURSING OFFICER (EMERGENCY NURSE)

Emergency Medicine Directorate KATH (Triage, Yellow, Orange, Red, Critical Dependency Units, plaster room, procedure Room) August 2016 – December 2019. Responsibilities included;

- Ensuring the maintenance of a safe and therapeutic working environment
- Triage, physical examination and assessment, resuscitation
- Achievements were engaging in quality improvement programmes to improve patients care at the emergency department as well prioritizing the urgency of patients' care for rapid and effective treatment.

REGISTERED GENERAL NURSE (SENIOR STAFF NURSE/STAFF NURSE)

Family Medicine Directorate, KATH, Kumasi, Ghana, March 2009 – August 2014

- General nursing duties delegated
- Participating in ward rounds and presenting patients' reports
- Achievements were developing self-discipline, good team spirit and a focus on patients' satisfaction to meet individual, team and management objectives.

EDUCATION AND PROFESSIONAL CERTIFICATION

Master of Philosophy in Nursing (Expected March 2026) Wisconsin International University College, Accra-Ghana.

Bachelor of Laws *Kwame Nkrumah University of Science and Technology (KNUST), Kumasi – Ghana (awaiting graduation)*

The four years course affords an opportunity to build a range of skills applicable to various industries.

Basic Life Support Provider Certificate, American Heart Association, Code Red GH (Dec 2023). A programme aimed at developing lifesaving skills in response to threatening life emergencies.

Master of Philosophy in Disability, Rehabilitation and Development (Sept. 2021 – Nov. 2023)

Kwame Nkrumah University of Science and Technology (KNUST), Kumasi – Ghana. A programme to enhance understanding of disability and build capacity to advocate for inclusion, accessibility, social justice as well influence policies

and regulations for persons with disability.

Bachelor of Science – Emergency Nursing (Sept 2014 – July 2016)

*Kwame Nkrumah University of Science and Technology (KNUST), Kumasi –
Ghana*

Useful in equipping nurses with expertise to handle a wide range of emergencies and initiate lifesaving interventions.

Registered General Nurse (Nov, 2008)

A path to a fulfilling nursing career offering opportunities to impact the lives of persons in need positively.

High School: Senior Secondary School Certificate Examination (2001 – 2003) Winneba Senior Secondary School, Winneba, Central Region, Ghana. Served as the preparatory grounds for the development of competencies for future exploits.

MAJOR CONFERENCES AND WORKSHOPS ATTENDED

- ❖ Participant of the 2nd Annual Conference of the Ghanaian-Diaspora Nursing Alliance Inc.

Conference (January 2025)

- ❖ Participant in a collaborative programme between the International Rehabilitation Forum and Komfo Anokye Teaching Hospital, which provided fundamental knowledge and skills essential to the practice of rehabilitation nursing and multidisciplinary care practice.

- ❖ Participant of the Justice Samuel Date-Bah third KNUST Faculty of Law Eminent Legal Scholars and Lawyers Public Lecture (May, 2022).
 - ❖ Good Clinical Practice e-learning Course by the Global Health Training Center (April, 2021).
 - ❖ Participant in HR Strategy, psychological first aid in a Covid-19 Era and Campaign against Stigma in persons living with HIV and LGBTQ clients (July, 2020).
 - ❖ Participant in the 6th International African Symposium on Sickle Cell Disease (July, 2016).
 - ❖ Participant in a workshop under the auspices of Kwame Nkrumah University of Science and Technology (KNUST) and Medical Educational Partnership Initiative (MEPI) on Ethics, Confidentialities and Medico-Legal Issues (March, 2014).
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- ❖ Participant in a workshop held by the General Nurses Group of the Ashanti Region under the topic; The Triage System, Early Detection of Pediatric Cancers and their Management (June, 2013).
 - ❖ Participant in a workshop by the General Nurses Group of the Ashanti Region under the topic; Customer Care (focus on Anger Management), Breaking of Bad News (April, 2012)
 - ❖ Participant in a workshop held by the General Nurses Group of the Ashanti Region under the topic; Code of Professional Conduct for Nurses and Midwives (February, 2011)
 - ❖ Participant in a workshop organized by the Ashanti Regional branch of the Ghana Registered Nurses Association (GRNA) under the topics; Redeeming the image of the Ghanaian Nurse, Strengthening Organizational Capacity and the Labour Law, Quality Assurance and NHIS and Maternal Mortality in the Ashanti Region (May, 2009).

AWARDS, NOMINATIONS & ACHIEVEMENTS

1. Overall Best Senior Nurse (2024), Komfo Anokye Teaching Hospital.

2. Best Senior Nurse (2024) Family Medicine Directorate, KATH.
3. Engaged in several voluntary services at the Garden City Special School, Asokore Mampong, an institution for Children with intellectual disability. For example, single handedly mobilized the entire Family Medicine Directorate to hold a successful health screening programme, raised GH25,000.00 to buy and donate assorted items as well held an Easter party for the children in the school.
4. Engaged people to highlight the predicament of children with intellectual disability and their significant others using platforms such as social media and radio.
 - Collaborated with the headmistress of Garden City Special School to attract support for the school, addressing the health risks the children were exposed to when the Ghanaian Electricity Company cut off electricity supply to the school and the boy's dormitory collapsed in March 2024.
 - Also, last year, on Tuesday, 21st March 2023, organized Family Medicine ward staff at Komfo Anokye Teaching Hospital to undertake a clean-up exercise at the school's clinic and donated first aid materials to the school.
5. Presidential Award for nursing care services rendered during Covid- 19 era
6. 2019 and 2022 Best Senior Nurse Nominee at Family Medicine Directorate, KATH
7. Study Nurse for ANTICOV, Largest Clinical Trial in Africa on Covid-19
8. Impacted lives through several radio, television and school health programmes
9. As an executive member of Lions Club International, facilitated major projects such as providing lunch for about 90 members of staff with various professional backgrounds at Family Medicine Directorate, KATH, Kumasi during the outbreak of Covid-19, donations to the Diabetes Centre and Paediatric Oncology Units of KATH, giving health education on hypertension, cervical cancer, breast cancer at the market squares, churches, etc.

10. Been involved in diabetes awareness programmes specifically conducting informative sessions on diabetes and its risk factors, highlighting the importance of regular testing and educating the people on maintaining a healthy lifestyle.
11. Held several successful menstrual hygiene programs and other health talk shows for teenagers, churches and schools.
12. As a co-author, has one published work in the international journal of hematology on Transition Assessment of Adolescent with sickle cell Disease and their Caretakers at the sickle cell clinic in KATH, Kumasi, Ghana which received 2017 Abstract Achievement award in the United States of America.
13. As a student at Nursing Training College, Cape Coast, won Miss Health 2007 for Central and Western Regions promoting health education.
14. Best history student at the 52nd speech and Prize giving Day of my alma mater, Winneba Secondary School and overall winner of the maiden edition of the Miss Winneba Secondary School beauty pageant.

REFEREES

- ❖ Dr. Wisdom Mprah, Department of Health Promotion and Disability Studies, Phone: +233262243350 Email: wmprah.chs@knust.edu.gh
- ❖ Betty Manu, Komfo Anokye Teaching Hospital (KATH), Former Nurse Manager, Family Medicine Directorate, Kumasi, Ghana. Phone: +233243261229. Email: bettymanu13@gmail.com
- ❖ Dr. Stella Afi Makafui Yegblemenawo, Lecturer, Dept of Modern Languages, Kwame Nkrumah University of Science and Technology, Kumasi Ghana. Phone: +233242350565

