



6TH ANNUAL NURSING AND MIDWIFERY LEADERS AND MANAGERS CONFERENCE AND 5TH EXCELLENCE & HALL OF FAME AWARDS, 2025



THEME: ADDRESSING PUBLIC HEALTH EMERGENCY OUTBREAKS;
THE ROLE OF NURSING AND MIDWIFERY LEADERS AND
MANAGERS

2ND – 6TH SEPTEMBER, 2025
GLOBAL DREAMS HOTEL, TAMALE

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**6TH ANNUAL NURSING AND
MIDWIFERY LEADERS AND MANAGERS
CONFERENCE AND 5TH EXCELLENCE &
HALL OF FAME AWARDS, 2025**

SEPTEMBER 2ND-6TH, 2025

**GLOBAL DREAM HOTEL
TAMALE, GHANA**

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Special Guest of Honour



**Hon. Kwabena Mintah
Akandoh**
Minister for Health

Dignitaries



Hon. Grace Ayensu Danqua
Deputy Minister for Health



Hon. Ali Adolf John Mburudiba
Northern Regional Minister



Zangbalun Naa Dr. Yakubu II.
(Paramount Chief of Zangbalun Traditional Area)
Chairman



Mr. Desmond Boateng
Chief Director, MoH



Dr. Barnabas Kwame Yeboah
Director of Nursing and Midwifery (MoH)



Prof. Samuel Kaba Akoriyea
Director General, GHS



Dr. Peter Kwame Yeboah
Executive Director, CHAG



Dr. (Med) Abubakari Bawah Abdulai
CEO, TTH

ABOUT THE ANNUAL NURSING AND MIDWIFERY LEADERS AND MANAGERS CONFERENCE AND EXCELLENCE AWARDS

The **Nursing and Midwifery Leaders and Managers Conference** in Ghana is the premier annual gathering of nursing and midwifery professionals in leadership and management roles across all Ministry of Health Agencies, Faith-Based Organizations, Quasi Institutions, Private Sector, Academic institutions, policy levels, and regulatory and practice settings at national and global arena. Since its inception in **2019**, the conference has served as a strategic platform for dialogue, knowledge-sharing, and collaborative action to strengthen leadership capacity and improve health outcomes.

In 2019, the **Nursing and Midwifery Excellence Awards** were introduced to honour individuals and institutions whose exceptional leadership, innovation, and dedication have significantly advanced the nursing and midwifery professions in Ghana. Since its inception a total of 125 nurses and midwives have been awarded in various categories from Clinical Excellence, Education, Regulation, Leadership, Association, Deprived Area and Hall of Fame awards.



2024 Award Winners with Dignitaries

2025 THEME

Addressing Public Health Emergency Outbreaks: *The Role of Nursing and Midwifery Leaders and Managers.*

This year's theme reflects the urgent need for visionary leadership in times of crisis. Nursing and midwifery leaders and managers are at the forefront of healthcare delivery and are crucial in responding to public health emergencies. The COVID-19 pandemic, and other health crises have shown the importance of strong leadership, efficient workforce management, and sound decision-making in mitigating the impact of disease outbreaks.

It calls on nursing and midwifery leaders to champion preparedness, coordinate effective responses, and drive recovery efforts in the face of public health emergencies—ensuring that health systems remain responsive, adaptive, and equitable.

Overall objective:

Equip nursing and midwifery leaders and managers in Ghana to effectively prepare, prevent and manage public health emergencies, strengthening a resilient healthcare system and protecting communities.

Sub-objectives:

- Enhance participants' understanding of public health emergency preparedness, response, and recovery in the Ghanaian context.
- Strengthen leadership and management skills for effective decision-making, resource use, and team coordination during emergencies.
- Share best practices and innovative approaches in managing public health emergencies in Ghana.
- Develop strategies to maximize the contribution of nurses and midwives in emergency response.
- Promote collaboration and knowledge-sharing among health leaders, policymakers, and stakeholders to support national health goals.

Day 1 & 2 Schedule

2ND TO 6TH SEPTEMBER 2025

TIME	ACTIVITY	RESPONSIBLE
DAY ONE: 2ND SEPTEMBER, 2025		
10:00am – 6:00pm	ARRIVAL AND REGISTRATION	LOC/MOH SECRETARIAT/NPC
DAY TWO: 3RD SEPTEMBER, 2025 SESSION 1: OPENING CEREMONY		
8:00am-9:00am	Registration and Networking	Secretariat
9:00am-9:10 am	Procession of Dignitaries Opening Prayer	Cultural Troupe Rev. Fr. Capt. Dominic Prince Yeboah <i>Parish Priest, Our Lady of Fatima Catholic Church, Kamina Barracks</i>
9:10 am-9:15 am	Introduction of Chairman/Dignitaries	Alhaji Musah Salifu <i>Director, Nursing and Midwifery Services, Tamale Teaching Hospital</i>
9:15am-9:20am	Chairperson's Opening Remarks	Zangbalun Naa Dr. Yakubu II <i>Paramount Chief of Zangbalun Traditional Area Chairman</i>
9:20am-9:30am	Opening Remarks: Purpose of Conference and Awards	Mr. Desmond Boateng <i>Chief Director, Ministry of Health</i>
9:30am-9:40am	Welcome address	Hon. Ali Adolf John Mburudiba <i>Northern Regional Minister</i>
9:40am-9:50am	Setting the Scene for the Conference	Dr. Barnabas Kwame Yeboah <i>Director, Nursing and Midwifery, MoH</i>

Day 2 Schedule

9:50am-10:20am	Special Messages	<ul style="list-style-type: none"> • WHO Country Representative • Director General – GHS • Executive Director, CHAG • CEO, Tamale Teaching Hospital
10:20am-10:30am	Cultural Dance	Cultural Troupe
10:30am-10:35am	Introduction of Keynote Speaker	Dr. Joana Agyeman-Yeboah <i>Head of Nursing and Midwifery, ImaH</i>
10:35am-11:00am	Address by Keynote Speaker	Prof. Dr (Med) Juventus Benogle Ziem <i>Dean, School of Medical Sciences, UDS</i>
11:00am-11:05am	Introduction of Special Guest of Honour	Mrs. Juliet Atobrah Antwi <i>Ghana Adventist Health Services</i>
11:05am-11:30am	Address by Special Guest of Honour	Hon. Kwabena Mintah Akandoh (MP) <i>Minister for Health</i>
11:30am-11:45am	Cultural Dance	Cultural Troupe
11:45pm-12: 00pm	Chairperson’s Closing Remarks	Zangbalun Naa Dr. Yakubu II <i>Paramount Chief of Zangbalun Traditional Area Chairman</i>
12:00-12: 10pm	Vote of Thanks Announcements	Clement Obah <i>Specialist Nurse, Northern Regional Health Directorate</i> MC
12: 10pm-12:15pm	Closing Prayer	Sheikh Mohammed Tajjudeen TTH Hospital Imam
12:30pm-1:00pm	Photography and Networking	MC
1:00pm-2:30pm	Lunch Break	ALL

Day 2 Schedule

SESSION TWO: PRESENTATIONS		
2:30pm-3:00pm	Presentation 1: Current Continental and Global Burden of Disease Outbreaks	Dr. Fiona Braka <i>WHO Country Representative</i>
3:00pm-3:15pm	Q&A	
3:20pm-3:50pm	Presentation 2: Strategic Leadership in Crisis and Public Health Decision Making: Lessons from Recent Outbreaks in Ghana Q&A	Dr. Franklin Asiedu Bekoe <i>Director, Public Health, Ghana Health Service</i>
3: 50pm-4:00pm	Bio break	All participants
4:00:pm-4:05pm	Introduction of Moderator:	MC Md. Marian Davies
4:10pm-4:40pm	Group Discussion: The Role of Nursing and Midwifery Leaders and Managers in Shaping National and Institutional Emergency Preparedness Plans (break into 3 groups)	Group Leaders
4:40pm-5:40pm	Group Presentations	Moderator 1
5:40pm-6:00pm	Snack Break	All
6:00pm	Closing	All
		Rapporteurs (Juliet Atobra Antwi and Juliet Kwadzodeh)

Day 3 Schedule

DAY 3: 4 TH SEPTEMBER 2025		
8:00am-8:30am	Registration and Networking	Secretariat
8:30am-8:35 am	Opening Prayer	Participant
8:35am-8:45am	Recap of Day 2	Rapporteurs
8:45am-8:50am	Introduction of Presenter	MC
8:50am-9:30am	<p>Presentation 3: The role of Nurse/Midwife Leaders in Surveillance and Data-driven Outbreak Response Q & A</p>	<p>Dr. Louisa Ademki Matey <i>Public Health Physician Specialist and Metropolitan Director of Health Services, Accra Metro</i></p>
9:30am-9:35am	Introduction of Presenter	MC
9:35am-10:00am	<p>Presentation 4: Ensuring Accessibility of Maternal and Child Health Services during Outbreaks</p>	<p>Dr. Bernice Addom <i>Midwifery Faculty Chair, West African Postgraduate College of Nurses and Midwives & KBTH</i></p>
10:00am-10:10am	<p>Introduction of Moderator Introduction of Panel Members</p>	<p>MC Moderator: Prof Felix Apiribu <i>Senior Lecturer, School of Nursing and Midwifery, KNUST</i></p>
9:35am-10:10am	<p>Panel Discussion: Ensuring Accessibility of Maternal and Child Health Services during Outbreaks</p>	<p>Panel members</p> <ul style="list-style-type: none"> • Dr. Bernice Addom, KBTH • Mrs. Judith Asiamah, UGMC • Mrs. Fati Mahama, Northern Regional Hospital
10:10am-10:30am	Snack Break	All

Day 3 Schedule

10:45am-10:50am	Introduction of Presenter	MC
10:50am-11:30am	Presentation 5: Strategies for Clear and Timely Risk Communication led by Nurses and Midwives. Q &A	Presenter: Dr. David Salifu-Bakar <i>Lecturer, UDS</i>
11:35am-11:40am	Introduction of Presenter	MC
11:40am-1:00 pm	Presentation 6: Updates from Agencies	<ul style="list-style-type: none"> • NMC Mrs. Philomina A. N. Woolley • GCNM Dr. Gloria Achempim-Ansong • HTI Mr. Samuel Akotua • WAPCNM Mrs. Faustina Excel Adipa
1:00pm-2:30pm	Lunch Break	All
2:30pm-3:00pm	Time with Sponsors	
3:00pm-3:05pm	Introduction of Moderator	MC Thomas Tamag (<i>Nurse Manager</i>)
3:30pm-4:00pm	Fireside: Building Local Evidence to Inform Emergency Preparedness Plans	Experiences from Facilities (in a Fire Side chat) <ol style="list-style-type: none"> 1. Rev. Sr. Judith Magbity, CHAG 2. Mrs. Lilian K. Annan, Trust Hospital 3. Col. Aba Amakye, 37 Military Hospital
4:00pm-4:15pm	Bio Break	All
4:30pm-5:00pm	Open Forum	All
5:30pm-6:00pm	Snack break	All
6:00pm	Announcement Closing	MC

Day 4 Schedule

DAY 4: 5 TH SEPTEMBER 2025		
8:00am-8:30am	Registration and Networking	Secretariat
8:30pm-1:00pm	Excursion and lunch	
5:pm-10:00pm	Dinner and excellence awards night	All

PROGRAMME DINNER AND AWARDS NIGHT FRIDAY. 5TH SEPTEMBER, 2025

PROGRAMME		
5PM-6PM	ARRIVAL, REGISTRATION AND NETWORKING	ALL
6PM	OPENING PRAYER	PARTICIPANT
6:05PM-6:10PM	INTRODUCTION OF CHAIR AND DIGNITARIES	MS. ABENA BOATEMAA
6:10PM-6:15PM	CHAIRMAN'S OPENING REMARKS	NORTHERN REGIONAL DIRECTOR OF HEALTH SERVICES
6:15PM-6:20PM	WELCOME ADDRESS	DR. BARNABAS YEBOAH
6:40PM-6:50PM	MUSICAL INTERLUDE	DJ
7:00PM-7:06PM	EXCERPTS FROM PREVIOUS AWARDS	MC
7:10-PM-7:15PM	INTRODUCTION OF SPECIAL GUEST OF HONOUR	MC

PROGRAMME DINNER AND AWARDS NIGHT

FRIDAY. 5TH SEPTEMBER, 2025

PROGRAMME		
7:15PM-7:25PM	ADDRESS BY SPECIAL GUEST OF HONOUR	MR. DESMOND BOATENG CHIEF DIRECTOR, MINISTRY OF HEALTH
7:25PM-7:50PM	PRESENTATION OF CATEGORY 1, 2 & 3 AWARDS	
7:50PM-8:50PM	DINNER TIME + MUSICAL INTERLUDE	ALL
8:50PM-9:20PM	PRESENTATION OF CATEGORY 4 , 5 AND HALL OF FAME AWARDS	
9:20PM-9:25PM	MUSICAL INTERLUDE	DJ
9:25PM-9:30PM	ACCEPTANCE SPEECH BY AWARDEES	AWARDEES
9:30PM-10:00PM	PHOTO TAKING/MUSICAL INTERLUDE	MC
10:00PM-10:20PM	SPECIAL DANCE FOR AWARDEES WITH GUEST OF HONOUR	AWARDEES
10:20PM – 10:30PM	OFFICIAL CLOSING OF THE CONFERENCE	<i>MR. DESMOND BOATENG CHIEF DIRECTOR, MINISTRY OF HEALTH</i>
10:30PM-10:35PM	CLOSING REMARKS	CHAIRMAN
10:35PM-10:40PM	VOTE OF THANKS	MRS. JULIET ATOBRA ANTWI
10:40PM-10:45PM	CLOSING PRAYER	PARTICIPANT
10:50PM-----	DANCING/ DEPARTURE	ALL

Speaker Bios



PROFESSOR DR. (MED) JUVENTUS BENOGLÉ ZIEM

Keynote Speaker, Professor Dr. (Med) Juventus Benogle Ziem is the founding dean of the School of Medical Sciences at the C.K. Tedom University of Technology and Applied Sciences. He holds a PhD in Medical Microbiology from the Leiden University Medical Centre in the Netherlands. He obtained a Bachelor of Medicine and Surgery (MBChB) degree from the University for Development Studies (UDS), Tamale, Ghana and qualified as a Medical Doctor as one of the pioneer students at the School of Medicine, UDS, Tamale. He started his academic career as a Research Assistant with UDS in 2005 and rose through the ranks to Professor of Clinical Microbiology in 2021.

He was a full-time staff member with UDS for 16 years, a part-time staff member with the Catholic University of Ghana since 2013 and is now at the C. K. Tedom University of Technology and Applied Sciences (CKT-UTAS), Navrongo working to establish the School of Medical Sciences. Administratively, he served as Head of Department (HoD) for 13 years, Vice-Dean for 2 years, and now as the founding Dean of the School of Medical Sciences (SoMS) since 2021. With 19 years of experience in academia, he has demonstrated expertise in curriculum development in medical education, research, quality assurance, and academic planning. He is known for fostering an inclusive and collaborative learning environment and has successfully mentored many graduate and undergraduate students. He possesses a strong passion for research and education,

committed to advancing knowledge in infectious diseases and Neglected Tropical Diseases (NTDs). In terms of research experience, he has worked on more than 10 locally and externally funded research projects in Ghana and has over 50 publications to his credit. He attended and made numerous scientific and other presentations at national and international conferences.

Prof. Ziem is a compassionate and dedicated medical doctor with a proven track record of providing exceptional patient care. He possesses a comprehensive background in laboratory medicine, complemented by 18 years of hands-on experience in hospital and clinical settings. He is known for his strong diagnostic skills, effective communication, and commitment to delivering evidence-based patient-centered care. He practiced as a Medical Doctor with the Holy Family Hospital, Techiman in the Bono East Region, St. Joseph Hospital, Jirapa in the Upper West Region, and the Tamale Teaching Hospital, Tamale in the Northern Region. He pioneered the establishment of the University Hospitals in the Nyankpala, Wa and Navrongo campuses of the then UDS. While at the TTH, he served as the head of the Diagnostic Laboratory for 9 years and established the Northern Area Blood Centre in Tamale.

Prof. Ziem is also an innovator and a businessman. He is the founder of Polderman Diagnostic Centre in Tamale, Kaame Clinic in Nandom and Fallu Farms Ltd. He serves on and chairs numerous boards and committees at the national and international levels, including the National Accreditation Board, Institutional Visits Committee of the Ghana Tertiary Education Commission, among others. He was part of the UN/WHO missions to certify Ghana, Nigeria, and Kenya as Guinea worm-free countries. His hobbies include business innovations, swimming, and listening to music. Awards he received include two-time Regional Best Farmer for the Upper West Region in 2016 and 2020 awarded by the Government of Ghana.

Speaker Bios



DR. FIONA BRAKA, WHO REPRESENTATIVE, GHANA

Dr. Fiona Braka is a Public Health expert with over two decades of progressive experience in disease prevention and control, public health emergency management, strategic leadership and coordination.

Prior to her appointment as WHO Representative to Ghana, she served in different capacities at national and international level with the World Health Organization in Nigeria, Ethiopia and Uganda, where she led large and diverse teams to advance primary health care and health security. She most recently served as the Coordinator of Emergency Response Operations at the World Health Organization Regional Office for Africa (AFRO) based in Brazzaville, Congo for four years.

At AFRO, her role entailed leadership of response operations to acute and protracted health emergencies including disease outbreaks and humanitarian crises across 47 countries of the AFRO region; and coordination of support to member states to strengthen their local capacities for health security.

Dr. Braka led the WHO effort to eradicate wild polio virus in Nigeria, which led to the certification of the African region as wild polio virus free in 2020. She has supported countries in sub-Saharan Africa particularly Nigeria, Ethiopia and Uganda where she served as Immunization Team Lead, to strengthen their national vaccination programs while expanding access to broader primary health services in advancement of Universal health coverage and health-related SDGs.

Dr. Braka has published widely in peer-review journals and continues to strive to contribute to advancement of scientific knowledge and evidence through different platforms. She holds a Medical Degree from Makerere University in Kampala, Uganda and a Master of Public Health Degree from the Johns Hopkins Bloomberg School of Public Health in Maryland, USA.



MRS PHILOMINA A. N WOOLLEY, REGISTRAR, NURSING AND MIDWIFERY COUNCIL OF GHANA

Mrs. Philomina Woolley is currently the Registrar of the Nursing and Midwifery Council. As the Registrar, she provides strategic leadership, technical, and administrative direction for the achievement of the Council's mandate of the Council. She has made significant contributions toward

for the education, training, and practice of Nursing and Midwifery locally and internationally.

Mrs. Woolley holds MPhil in Nursing, a Bachelor's degree in Nursing with Psychology from the University of Ghana, Legon. She holds a Diploma in Education from the University of Cape Coast and a Post Graduate Certificate in Public Administration from Ghana Institute of Management and Public Administration (GIMPA).

She is a State Registered Midwife and a State Registered Nurse with 30 years of unbroken, committed, and industrious service to the Ghana Health Service and the Ministry of Health.

She has facilitated and presented at numerous workshops both in and outside the Council. Mrs. Woolley has chaired and served on several boards and committees in the country as a result of her competence.

Speaker Bios



DR. (MRS) GLORIA ACHEMPIM-ANSONG,
RECTOR, GHANA COLLEGE OF NURSES AND
MIDWIVES

Dr. Gloria Achempim-Ansong is a Registered Nurse with over 28 years, and a product of the Nurses' Training College, Koforidua. She rose through the ranks to the position of Deputy Director for Nursing Services. She has worked at the Regional Hospital Koforidua, Mamprobi Polyclinic, Nursing Training College, Pantang and the School of Nursing and Midwifery, University of Ghana as a Senior Lecturer in the Department of Adult Health Nursing. She is a renowned nurse educator and researcher with expertise in non-communicable diseases, Adult Health, Nursing education, and Health Systems Research.

Dr. Achempim-Ansong holds a Doctor of Philosophy degree (PhD) in Nursing from the University of the Witwatersrand, South Africa, a Master of Philosophy degree in Nursing, and a bachelor's degree in nursing with psychology, all from the University of Ghana. She is the Vice President, Ghana Chapter of Sigma Theta Tau International (STTI), an honor society of nursing. A Fellow of the West African Postgraduate College of Nurses and Midwives, Foundation Fellow, Ghana College of Nurses and Midwives (GCNM) and a Queen Elizabeth Jubilee Scholar. Dr Achempim-Ansong was the faculty chair for the Emergency Nursing Faculty, GCNM (2015-2019), Vice President Nursing Division of GCNM (2020-2024), a member of the Governing Council, GCNM (from 2022-2024), and currently the RECTOR for the Ghana College of Nurses and Midwives. Dr. Achempim-Ansong has published numerous research articles in reputable international peer-reviewed journals, focusing on topics such as metabolic syndrome, diabetes and hypertension, and nursing education. She is a reviewer for five (5) peer-reviewed journals. She has also presented many papers at conferences and workshops, both locally and internationally. She was awarded the National Best Student in Obstetrics and Gynaecology in 1997, and the best Graduating Student, Volta Hall, University of Ghana, in 2003.



DR. FRANKLIN ASIEDU-BEKOE,
DIRECTOR OF PUBLIC HEALTH, GHANA HEALTH
SERVICE

Dr. Franklin Asiedu Bekoe is the Director of Public Health at the Ghana Health Service. Franklin Asiedu-Bekoe is a medical doctor and a Public Health Physician with a specialization in applied epidemiology and disease control.

He has been a public health practitioner for the past 19 years, with competencies in surveillance, field investigations, research, data management, scientific communication, and teaching. He has worked at the international, national, regional, and district levels.

He is a Fellow of the Ghana College of Physicians and Surgeons at the Faculty of Public Health. He was a consultant for the World Health Organization and the Centers for Disease Control and Prevention (CDC) on the Global Programme for the Eradication of Polio in Afghanistan in 2010. He is a facilitator at the Ghana College of Physicians at the Faculty of Public Health. He was given the Order of Volta, Companion Division in 2023 by the President of Ghana for his meritorious work toward the COVID-19 Response as a member of the national COVID-19 Task Force.

Speaker Bios



DR. (MRS) BERNICE ADDOM, DEPUTY CHIEF MIDWIFERY OFFICER, KORLE-BU TEACHING HOSPITAL

Dr. (Mrs) Bernice Addom is a Nurse-Midwife at Korle Bu Teaching Hospital, where she has worked for 23 years.

Her duties include contributing to the development, implementation, and monitoring of standards, policies, and procedures for quality nursing and midwifery care.

Dr Addom is a Fellow of WAPCNM, MCH Faculty, Foundation Fellow of GCNM, Midwifery and Paediatric Division, and a member of STTI, Honor Society of Nursing.

She speaks on RMNCH and Adolescent Health issues, and on topics of public health importance.

In 2021, the University of Ghana awarded her a PhD in Public Health; in 2014, an MPH; in 2011, a BSc. Nursing; and in 2009, a Diploma in Nursing.

Dr Addom also holds a Post-Basic Midwifery certificate and WHO/AFRO certificate in IDSR training. She has Management in Health, Basic Health Economics, and Disaster Risk Management certificates from The World Bank Group.



DR. LOUISA ADEMKI MATEY, METROPOLITAN DIRECTOR OF HEALTH SERVICE ACCRA METROPOLIS

Dr. Louisa Ademki Matey is a multiple award-winning healthcare worker from Ghana. Hails from Odumase Krobo in the Eastern Region of Ghana. A medical doctor by profession, graduate of the first batch of the University of Ghana Medical School's (UGMS) Graduate Entry Medical Programme (GEMP) 2013.

Holds a Master's Degree in Public Health (Population and Reproductive Health) from the School of Public Health (SPH) KNUST, graduating in 2010. Also holds a Bachelor of Science Degree in Psychology, with First Class Honors from the University of Ghana, Legon, graduated in 2006.

She is a Physician Specialist (Public Health Medicine) with keen interest in Epidemiology and Disease Control; including the control of Non-Communicable Diseases. Has been working

with the Ghana Health Service since 2018 and has worked as the immediate past Municipal Director of Health Service for Ayawaso West Municipality, a position she held from September 2019 until December 2024 where she had oversight responsibility over the daily administration of forty- five health care service providing facilities within the municipality, both public health and clinical care.

By dint of hard work, love for humanity, and the mercy of God, Dr. Louisa Ademki Matey has won several awards: the President of Ghana Award - Grand Medal Recipient for Meritorious Work in the fight against the COVID-19 Pandemic in Ghana, March 2023. In November 2024, she was awarded First Runner-Up for Best District Directors of Health Service in Ghana at the Second Edition of the Ghana Health Service Excellence Awards held in Ghana by the Ghana Health Service.

She currently works as the Metropolitan Director of Health Service for the Accra Metropolis, where she has oversight responsibility over the health and well-being of over 300,000 people and oversees the operations of over fifty-two (52) health care facilities (both government and private).

She is a proud old girl of St. Roses' Secondary School (ROSA), Akwatia, and a mother to her lovely daughter. Her hobbies are reading, dancing, and spending time with friends and family in her leisure time. Favorite quote is by American Basket Ball Player, Kevin Durant: "Hard work beats talent when talent fails to work hard."

Speaker Bios



DR. DAVID ABDULAI SALIFU, LECTURER, UDS

Dr. David Abdulai Salifu is a distinguished academic and researcher with over 20 years of experience as a clinician and a nurse educator.

He holds a Doctor of Philosophy in Health Sciences, with Health Professions Education from North-West University, Potchefstroom, South Africa. His research work is focused on nursing education and clinical competence in nursing practice, particularly in low-resource settings.

Dr. Salifu's research contributions are instrumental in addressing the theory-practice gap in nursing through the use of simulation-based clinical nursing education, providing valuable strategies that aim to enhance the quality of nursing education and practice.



MRS. FAUSTINA EXCEL ADIPA,

PRINCIPAL, SCHOOL OF PERI-OPERATIVE AND CRITICAL CARE NURSING

CHAIR, WEST AFRICAN POST GRADUATE COLLEGE OF NURSING AND MIDWIFERY, GHANA CHAPTER

Mrs. Faustina Excel Adipa

A distinguished nurse leader, educator, and critical care specialist

·Currently a Ph.D. student at the University of Cape Coast.

- MPhil in Nursing and a BSc Nursing with Psychology from the University of Ghana, Legon.
- Advanced Diploma in Critical Care Nursing.
- Postgraduate Diploma in Education from UCC.
- Professional State Registered Nurse and Midwife.

Started as a staff nurse at Korle-Bu Teaching Hospital,

- Tutor at the School of Peri-Operative and Critical Care Nursing, Korle-Bu, since 2007
- Head of the Critical Care Programme (2012–2021),
- Currently the Principal of the School since 2021.
- Has presented papers extensively at both local and international conferences
- serves as a peer reviewer for scientific journals.
- Her notable publications include works on oxygen administration in Ghana, advancing critical care in Africa, and health systems approaches to intensive care in low-resource settings.

PROFESSIONAL SERVICE/LEADERSHIP POSITIONS

- Faculty Head of Critical Care at the Ghana College of Nurses and Midwives,
- Chair of the West African Postgraduate College of Nurses and Midwives (Ghana Chapter),
- Vice President of the African Federation of Critical Care Nurses
- Council Member of the World Federation of Critical Care Nurses, among others.

SYNOPSIS OF PRESENTATIONS

PRESENTATION 1:

CURRENT CONTINENTAL AND GLOBAL BURDEN OF DISEASE OUTBREAKS

DR. FIONA BRAKA

This session will provide an overview of the prevailing disease outbreaks shaping health outcomes across Africa and the world. It will examine emerging and re-emerging infectious diseases, highlight regional vulnerabilities, and explore their impact on health systems, economies, and communities. The presentation will also address global trends, response strategies, and the implications for preparedness and resilience in healthcare delivery.

PRESENTATION 2:

STRATEGIC LEADERSHIP IN CRISIS AND PUBLIC HEALTH DECISION MAKING: LESSONS FROM RECENT OUTBREAKS IN GHANA

DR. FRANKLIN ASIEDU-BEKOE

This session will examine how Ghana's health leadership has navigated recent public health crises, including cholera, mpox, meningitis, and COVID-19. It will highlight the decision-making processes, coordination of multisectoral responses, and deployment of evidence-based interventions that shaped outbreak control. The presentation will draw practical lessons on risk communication, resource mobilization, and community engagement, showcasing how strategic leadership can strengthen preparedness, resilience, and trust in health systems during emergencies.

PRESENTATION 3:

THE ROLE OF NURSE/MIDWIFE LEADERS IN SURVEILLANCE AND DATA-DRIVEN OUTBREAK RESPONSE – DR. LOUISA ADEMKI MATEY

This presentation will underscore the critical contributions of nurse and midwife leaders in strengthening disease surveillance and guiding outbreak response. It will explore how frontline leadership enhances early detection, reporting, and analysis of health data to inform timely interventions. Drawing on practical experiences, the session will highlight the integration of community-based surveillance, use of digital tools, and data-driven decision making. Emphasis will be placed on how nursing and midwifery leadership can bridge policy and practice, ensuring more resilient health systems and improved outcomes during public health emergencies.

SYNOPSIS OF PRESENTATIONS

PRESENTATION 4:

ENSURING ACCESSIBILITY OF MATERNAL AND CHILD HEALTH SERVICES DURING OUTBREAKS –

DR. BERNICE ADDOM

This session will focus on safeguarding maternal and child health services in the face of disease outbreaks. It will explore how disruptions from emergencies such as COVID-19, cholera, and meningitis affect antenatal care, safe deliveries, newborn care, and child immunization. The presentation will highlight innovative strategies, including task-shifting, community-based care, mobile outreach, and the use of digital health tools, that can maintain service continuity. Emphasis will be placed on protecting vulnerable populations, mitigating inequalities, and strengthening health system resilience to ensure no mother or child is left behind during crises.

PRESENTATION 5:

STRATEGIES FOR CLEAR AND TIMELY RISK COMMUNICATION LED BY NURSES AND MIDWIVES

This presentation will examine the vital role nurses and midwives play in building public trust through effective risk communication during health emergencies. It will outline strategies for delivering clear, accurate, and culturally sensitive information to communities in times of uncertainty. Drawing on lessons from recent outbreaks, the session will highlight approaches such as community engagement, use of local languages, leveraging digital platforms, and countering misinformation. Emphasis will be placed on how nurse and midwife leaders can bridge the gap between health systems and communities, ensuring timely action and reducing the spread of fear and disease.

PRESENTATION 6-9:

UPDATES FROM KEY AGENCIES

NURSING AND MIDWIFERY COUNCIL OF GHANA, HEALTH TRAINING INSTITUTIONS UNIT, GHANA COLLEGE OF NURSES AND MIDWIVES, AND WEST AFRICAN POSTGRADUATE COLLEGE OF NURSES AND MIDWIVES

This session will provide important updates from regulatory, training, and professional development institutions shaping the future of nursing and midwifery in Ghana and the sub-region. Representatives will share progress on policy reforms, educational innovations, regulatory frameworks, and postgraduate training initiatives. The discussion will highlight ongoing efforts to strengthen professional standards, expand training capacity, and advance leadership within the nursing and midwifery workforce to meet evolving health system needs.

ABSTRACTS

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Prevalence and Characteristics of Burnout among Nurses and Midwives in the Ahanta West Municipality, Ghana

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Abstract

Background: Burnout is a psychological condition arising from prolonged occupational stress, especially among healthcare professionals like nurses and midwives. It manifests in emotional exhaustion, depersonalization, and reduced personal accomplishment. While studies have explored burnout in urban hospitals, limited data exist on rural contexts like Ghana's Ahanta West Municipality. This study sought to assess burnout levels among nurses and midwives in this underserved region to inform targeted interventions.

Aim: The aim of the study was to explore burnout among Nurses and midwives in rural Ghana.

Methods: A mixed-methods study was conducted involving 200 nurses and midwives selected through stratified random sampling from public health facilities in the Ahanta West Municipality. Quantitative data were collected using the Maslach Burnout Inventory–Human Services Survey (MBI-HSS), while qualitative data were obtained from interviews with 15 participants. Quantitative data were analysed using SPSS version 25.0, and qualitative responses were thematically analysed using Braun and Clarke's approach.

Results: Most participants reported low burnout in the domains of personal accomplishment (71.5%) and depersonalization (89.5%). However, over half experienced moderate to high emotional exhaustion. Emotional distress was often linked to excessive workload, resource shortages, and witnessing patient suffering. Among all demographic factors, only educational qualification showed a significant association with emotional exhaustion ($p = 0.001$), with diploma holders being the most affected.

Conclusion: Although many nurses and midwives reported job fulfillment and empathy, emotional exhaustion remains a major concern. Targeted interventions focusing on workload reduction and emotional support, especially for diploma-level professionals, are essential to enhance staff well-being and reduce burnout in rural healthcare settings.

Key Words: Burnout, Nurses, Midwives, Emotional Exhaustion, Ghana, Job Demand, Job Control, Maslach Burnout Inventory

ABSTRACTS

Title: Parental Engagement in Hospital Admission and Discharge: A Pathway to improved newborn outcomes

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Introduction: Parental engagement in newborn care is a vital component in supporting positive health outcomes for both newborns and their families. From the point of admission, effective engagement involves parents actively participating in care decisions, understanding clinical procedures, and remaining informed about their newborn's condition. This engagement is not limited to hospitalization; it extends through the continuum of care, culminating in well-prepared families at discharge. Parents who are actively involved are more capable of recognizing early signs of complications, providing consistent supportive care, and advocating for their newborn's needs. Central to this process is clear, ongoing communication between healthcare providers and families, fostering parental confidence and empowerment throughout the care journey.

Aim: This quality improvement project aimed to identify factors hindering parental engagement during newborn admission and to address existing knowledge gaps within clinical practice and institutional policies.

Methods: A structured questionnaire was developed based on the Carman et al. (2013) Framework for Patient and Family Engagement. Quality improvement tools, including the "5 Whys" and cause-and-effect analysis, were utilized to explore underlying factors and root causes of parental non-engagement. Targeted interventions were implemented and tested using iterative Plan-Do-Study-Act (PDSA) cycles, with a focus on enhancing parental involvement and strengthening the discharge planning process. The impact of these interventions was monitored over a 24-week period (July to December 2024) using a run chart to track trends and measure improvement.

Results: Key interventions included the development of a standardized discharge policy, a discharge preparedness scorecard, and a discharge checklist—all designed to enhance parental engagement throughout the hospital stay. A total of 290 parents completed the engagement questionnaire at the time of their newborns' discharge. Among them, 93.8% reported feeling actively engaged during the discharge process. Staff compliance with the discharge tools and standard operating procedures (SOP) reached 100%. The readmission rate during the study period was notably low at 2%. Additionally, 89.2% of parents reported being extremely satisfied with the care received in the NICU, while the remaining 10.8% expressed satisfaction.

Conclusion: This quality improvement project demonstrated that structured interventions and the use of quality improvement methodologies can significantly enhance parental engagement during newborn admission and discharge. Strengthening parental involvement not only supports safer transitions to home care but also contributes to improved clinical outcomes and greater family satisfaction, ultimately promoting the overall well-being of newborn and their families.

ABSTRACTS

Title: Psycho-spiritual well-being and coping strategies of women with breast cancer post-radiation therapy in Kumasi, Ghana

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Background: With an estimated 10 million fatalities in 2020 alone, breast cancer (Ca) ranks as the top killer worldwide. Female survivors of breast cancer have been the primary subjects of most studies, focusing on therapies like chemotherapy and mastectomy but less on radiation therapy, especially experiences post-radiation therapy.

Aim: We explored the psycho-spiritual well-being and coping strategies of women with breast Ca post-radiation therapy in Kumasi, Ghana.

Methods: In this qualitative inquiry, we purposively recruited seventeen (17) women with breast Ca post radiation therapy. The participants were interviewed, the interviews were audio taped, and transcribed verbatim. Thematic analysis was conducted with the aid of NVivo 10.0

Results: The main themes that emerged from the data indicated psychological characteristics of relief, emotional changes related to anxiety, agitation, and distress due to frequent hospital visits, as well as improved prayer life or religiosity and faith for healing. Four sub-themes of coping were identified: situational appraisal, diversionary therapy, breast pad utilization, and social engagement. The participants indicated a positive adaptation to their illness, and this resulted in an improvement in their overall quality of life.

Conclusion: Radiation therapy in women with breast cancer is distressing, particularly the requirement of frequent hospital visits. We recommend the inclusion of psychological management for women with breast cancer during and post-radiation therapy to improve their overall psycho-spiritual well-being.

Key words: Breast Cancer, Coping, Psychological, Spiritual, Well-being.

ABSTRACTS

Title: Exploring the Experiences of Postpartum Women with Perineal Tears at Gushegu Municipal Hospital, Ghana: A Qualitative Study

Authors: Abdul-Nafiwu Alhassan (Ghana Health Service, Nanumba North Municipal Health Directorate), Aseka Fati (Ghana Health Service, Gushegu Municipal Hospital) and Nabil Yambanam Emmanuel (Ghana Health Service, Gushegu Municipal Hospital).

ABSTRACT

Background: A woman's physical, emotional, and psychological well-being can be adversely affected by perineal tears during childbirth (Fogel, 2017). Sub-Saharan Africa has one of the highest prevalence rates of perineal injuries; yet, many women receive little or no information about the risk and management of the condition during prenatal care (Wambach et al., 2019). Several complications associated with perineal trauma include an extended incision, blood loss, wound dehiscence, pain, anatomical dysfunction, lacerations during subsequent vaginal deliveries, and edema (Muhleman et al., 2017). At Gushegu Municipal Hospital, where 10 to 20 spontaneous deliveries occur daily, 3 to 5 women experience perineal tears.

Objective: The purpose of this study was to explore the lived experiences of postpartum women who sustained perineal tears during childbirth at Gushegu Municipal Hospital in the Northern Region.

Methods: The study was conducted at Gushegu Municipal Hospital in the Northern Region of Ghana, utilizing an exploratory descriptive qualitative design. Data collection was guided by a semi-structured interview approach. The sample included women who sought care at the Post-Natal Clinic (PNC) after experiencing perineal tears, with a total of (14) women interviewed until data saturation was achieved.

Results: Awareness of perineal tears was primarily based on personal experiences or family input, indicating insufficient direct education and increased stress during childbirth. Many participants only learned about the tear after delivery, and communication about the procedure was often brief and inconsistent. Despite some receiving local anesthesia or medication, significant pain was reported from the tear and suturing, revealing disparities in pain management.

Conclusion: In managing perineal tears during childbirth, clear communication and empathetic care are essential. While most participants expressed satisfaction with their care, discrepancies in pain management and follow-up practices highlight the need for improved standardization in these areas of midwifery care.

Keywords: Perineal tear, postpartum, chi

2024 Highlights



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A NOTE OF APPRECIATION

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We sincerely appreciate our sponsors whose generous support has made this event possible and impactful.

Together, we celebrate nursing and midwifery leadership and commit to building a stronger, more resilient future.





6TH ANNUAL NURSING AND MIDWIFERY LEADERS AND MANAGERS CONFERENCE AND 5TH EXCELLENCE & HALL OF FAME AWARDS, 2025

